

Cigna Pharmacy Management
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Please read the following information carefully. It describes important information about your benefit plan's coverage of compounded medications.

What are compounded medications?

Compounded medications are mixed by a licensed pharmacist at a compounding pharmacy. The compounding pharmacist combines, mixes or changes the ingredients of a drug to make a medication that may not be commercially available.

What you need to know

Starting October 1, 2014, if you're using a compounded medication, we want you to know that for your next compounded prescription order or refill to be covered, you'll need to get approval from Cigna. This approval process is known as *prior authorization*.

Why is approval needed?

Prior authorization helps make sure that your benefit plan works as planned, which is to cover the right medication, at the right cost, for the right situation. In most cases, we believe there are safe and effective lower-cost alternatives to compounded medications. Many compounded medications do not have a proven track record of safety and effectiveness, and are often subject to misuse or abuse.

What you should do next

If you're using a compounded medication, you should talk with your doctor to see if a commercially available medication is right for you. If you and your doctor decide that you should continue to use a compounded prescription medication and you want to request coverage for it, you should ask your doctor to request prior authorization from Cigna.

If you have questions, please call customer service using the number on the back of your ID card. We're here to help.

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